

HOT BEVERAGES

WE SERVE OUR COFFEE STANDARD WITH FULL CREAM MILK,
SKIMMED MILK ON REQUEST

SOY | ALMOND | OAT MILK | CREAM | R10
AN EXTRA R5 WILL BE CHARGED FOR DECAFFEINATED COFFEE
ADD COLLAGEN | R15

COFFEES

AMERICANO	30
CAPPUCCINO	35
CAPPUCCINO - DOUBLE SHOT	40
CAPPUCCINO - LARGE	45
FLAT WHITE	40
ESPRESSO - SINGLE SHOT	25
ESPRESSO - DOUBLE SHOT	30
CAFÉ LATTE	35
• ADD VANILLA OR HAZELNUT R10	
MACCHIATO	35
MOCHA	35

TEAS

ROOIBOS EARL GREY CEYLON GREEN	25
CHAI LATTE	40
DIRTY CHAI LATTE	45
RED CAPPUCCINO	40
RED CAPPUCCINO LARGE	45
RED LATTE	40

HOT CHOCOLATES

HOT CHOCOLATE	40
WHITE HOT CHOCOLATE	40
SJUKLA HOT CHOCOLATE (MILK OR DARK)	60

SPECIALITY COFFEES

LONG BLACK	35
DOUBLE SHOT ESPRESSO WITH HOT WATER	
CORTADO	40
DOUBLE SHOT ESPRESSO WITH QUADRUPLE SHOT AERATED MILK	
BLACK ICE	40
DOUBLE SHOT ESPRESSO WITH ICE WATER & NATURAL SWEETENER	
WHITE ICE	40
DOUBLE SHOT ESPRESSO SHAKEN WITH ICED MILK & NATURAL SWEETENER	
CON PANNA	40
ESPRESSO WITH A DOLLOP OF WHIPPED CREAM	
VIETNAMESE	45
ESPRESSO WITH CONDENSED MILK	



SIR FRUIT JUICES

100% BLENDS 40

CLOUDY APPLE | COCKTAIL | ORANGE | MANGO
GINGERADE | THE BERRIES | LEMONADE | PINEAPPLE
GRANADILLA

COLD PRESSED 45

ORANGE
CARROT, APPLE, ORANGE & GRANADILLA
APPLE, BEETROOT, RASPBERRY, CARROT & GINGER
SPINACH, KALE, APPLE & CUCUMBER

MIMOSA 80

MCC & ORANGE JUICE



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SHAKES & SMOOTHIES

SHAKES 45

ICED CAPPUCCINO | CHOCOLATE | STRAWBERRY
SALTED CARAMEL | VANILLA
• ADD COLLAGEN R15

FRULLATO 55

FRESH SEASONAL FRUIT BLENDED WITH ICE CREAM

SMOOTHIES 55

BERRY | MANGO | PEANUT BUTTER

COLD & REFRESHING

ROCK SHANDY 45

SODA, LEMONADE & BITTERS

STEELWORKS 45

SODA, GINGER ALE, BITTERS & COLA TONIC

ICED TEAS 35

BOS ICE TEA

COOLERS 35

LEMONADE, LEMONADE & BERRY, BERRY

FREEZOS 45

BAR-ONE, LEMONADE, BERRY, MANGO, CHAI

SOFT DRINKS

COKE COKE LIGHT COKE ZERO CREME SODA	25
SPRITE SPRITE ZERO LEMON TWIST FANTA	35
APPLETIZER GRAPETIZER	35
LEMONADE	25
SODA WATER	25
SCHWEPPE'S (Tonic / Sugar Free / Pink)	25
GINGER ALE	25
TONIC WATER	25
DRY LEMON	25
LIME / PASSION CORDIAL (30ml)	10
COLA TONIC (30ml)	10
RED BULL (Energy / Watermelon / Sugar Free)	35

WATERS

VALPRE 350ML (STILL OR SPARKLING)	20
VALPRE 750ML (STILL OR SPARKLING)	35



BREAKFAST MENU

SERVED FROM 8:00 - 11:30AM DAILY

HEALTHY START

ENERGY OATS (v)	65
OATS TOPPED WITH FRESH APPLE OR SLICED BANANA, TOASTED ALMOND FLAKES, CINNAMON & LOW FAT MILK. SERVED WITH HONEY ON THE SIDE	
• USE ALMOND / OAT MILK R20	
HEALTHY APPETITE (v)	75
THE FAMOUS BOCA MUESLI, DOUBLE THICK YOGHURT, SEASONAL FRUIT & HONEY	
• UPGRADE TO BANTING GRANOLA R25	
JUST FRUIT (v)	70
SEASONAL SELECTION OF FRESHLY CHOPPED FRUIT	

BREAKFASTS

THE MOFFET	125
TWO EGGS DONE THE WAY YOU LIKE THEM, SERVED ON TOASTED CIABATTA WITH BACON, MUSHROOMS, ROASTED TOMATOES, FETA & AVO	
THE DAX	125
TWO EGGS WITH PORK SAUSAGE, BACON, MUSHROOMS & TOMATOES. SERVED ON TOASTED CIABATTA	
• ADD BAKED BEANS R15	
SMASHED AVO & JAMMY EGGS	85
SMASHED AVO & CHERRY TOMATOES SERVED ON CIABATTA & TOPPED WITH A BOILED EGG & TOASTED SEEDS	
• ADD BACON R25	
BACON RÖSTI	95
TWO POACHED EGGS SERVED ON POTATO RÖSTI & MUSHROOM WITH STREAKY BACON. TOPPED WITH PARMESAN CRÈME	

BENEDICTS

SERVED ON A TOASTED BAGEL, TOPPED WITH A POACHED EGG	
• FLORENTINE (v)	85
• BACON & AVO	100
• HAM	95
• SMOKED SALMON	110

OMELETTES & SCRAMBLED

TWO EGGS ON TOAST	65
FRIED OR POACHED EGGS WITH BACON & BOCA RELISH ON YOUR CHOICE OF FRESHLY BAKED BREAD (TOASTED OR NOT)	
SALMON & SCRAMBLED EGGS	100
SMOKED SALMON WITH EGGS OF YOUR CHOICE, COTTAGE CHEESE, TOMATOES & CHIVES	
OMELETTES	
MADE WITH TWO EGGS & SERVED WITH TOASTED CIABATTA. TOPPED WITH MOZZARELLA CHEESE & YOUR CHOICE OF:	
• TOMATO RELISH (v)	60
• STREAKY BACON, SAUTÉED MUSHROOMS,	85
• CHICKEN LIVERS, AVO, TOMATO & ONION IN A PERI PERI CRÈME	100
EXTRAS:	
GRILLED MUSHROOMS	25
AVOCADO	25
BACON	25
CHORIZO SAUSAGE	25
SMOKED SALMON	45
PORK SAUSAGE	25
BAKED BEANS	15

BAGELS


THE BREAKFAST BAGEL	
SCRAMBLED EGGS, ROCKET & GRILLED TOMATO ON A FRESHLY BAKED BAGEL TOPPED WITH YOUR CHOICE OF:	
• BACON	85
• SALMON	105
CAJUN CHICKEN	90
CAJUN GRILLED CHICKEN FILLET WITH AVO, CABBAGE, ONION, TOMATO & FETA. SERVED WITH A HOME-MADE TANGY SAUCE.	
FAB	85
FETA, AVO & BACON	

FILLED CROISSANTS



• BUTTER, CHEESE & PRESERVE	50
• HAM & CHEESE	65
• BACON, SCRAMBLED EGGS & RELISH	80
• BACON, POACHED EGG & HOLLANDAISE SAUCE	85
• SMASHED SALMON, CREAM CHEESE & ROCKET	100

SPECIALITY BREAKFASTS

SHAKSHUKA	90
2 EGGS POACHED IN A RICH TOMATO SAUCE WITH PEPPERS & ONIONS. TOPPED WITH CRUMBLLED FETA & SERVED WITH LIGHTLY TOASTED CIABATTA	
CHICKEN LIVERS ON TOAST	90
SAUTÉED ORGANIC CHICKEN LIVERS IN A TOMATO ONION PERI-PERI CRÈME ON TOASTED CIABATTA	
• ADD A POACHED EGG R10	
BREAKFAST PIZZA	95
CLASSIC PIZZA WITH BACON, SAUSAGE, MUSHROOMS, CHERRY TOMATOES & MOZZARELLA. TOPPED WITH AN EGG OF YOUR CHOICE	
BREAKFAST BURRITO	95
A COMBINATION OF BACON, SAUSAGE, SCRAMBLED EGGS, GRILLED MUSHROOMS, CHERRY TOMATOES & CHEDDAR CHEESE WRAPPED IN A BREAKFAST TORTILLA	
LAZY JOE	85
BEEF MINCE WITH TOMATO & ONION, TOPPED WITH GRATED CHEDDAR CHEESE. SERVED ON TOASTED CIABATTA	



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SWEET TREATS

FRENCH TOAST

2 SLICES OF OUR HOMEMADE CIABATTA SOAKED IN A FREE RANGE EGG CUSTARD & LIGHTLY GRILLED. TOPPED WITH YOUR CHOICE OF:

BACON & MAPLE STYLE SYRUP	75
FRIED BANANA & HONEY	75
BOLOGNESE WITH CHEDDAR	95

PANCAKES

CHOCOLATE SPREAD & STRAWBERRIES	60
CINNAMON & SUGAR	40

WAFFLES

ICE-CREAM & CHOCOLATE SAUCE	55
SYRUP & ICE-CREAM OR CREAM	55

FLAPJACKS

CARAMELISED BANANA & CARAMEL	60
BACON & MAPLE STYLE SYRUP	65

SCONES

SERVED WITH PRESERVES, CHEESE & CREAM

50

ADD ON ITEMS

BACON	25
PORK SAUSAGE	25
SAVOURY MINCE	35
AVOCADO	25
BAKED BEANS	15
SMOKED SALMON	45
GRILLED MUSHROOMS	25
ROASTED ROSA TOMATOES	20
CARAMELIZED ONIONS	25
BREAKFAST RELISH	20
CHORIZO	25